Name: Dr Kimberly Ann Dienes

Intitution: Swansea University

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Current post held: Lecturer in Clinical and Health Psychology, School of Psychology, Faculty of Medicine Health and Life Sciences

Director MSc Clinical Psychology and Mental Health

Co-Lead Research Institute for Suicide Previention and Mental Health

Morgan Advanced Studies Institute Research Fellow

Clinically qualified: Licensed Clinical Psychologist, Chicago, IL, USA, 2009-2016

Clinically active: No

Qualifications

1995-2000 B.A. (honors) Human Biology Stanford University

2002-2004 M.A. Psychology Stanford University

1999-2000 M.A. Clinical Psychology University of California, Los Angeles

2004-2008 Ph.D. Clinical Psychology University of California, Los Angeles

Work History

2020-present Lecturer in Clinical and Health Psychology, Swansea University, UK

2020-2023 Honorary Lecturer in Clinical Psychology, University of Manchester, UK

2018-2020 Co-Director MSc in Clinical and Health Psychology and MSc in Health Psychology, University of Manchester, UK

2016-2020 Lecturer in Clinical and Health Psychology, University of Manchester

2015-2016 Director, Doctorate in Clinical Psychology (PsyD) Program, Roosevelt University, USA

2015-16 Associate Professor of Psychology, Roosevelt University, USA

* 1. Assistant Professor of Psychology, Roosevelt University, USA

Committees and Appointments

2023 Appointed Co-Lead of the FMHLS Research Institute for Suicide Prevention and Mental Health

2021 Appointed to the Risk Communications and Behavioural Insights Subgroup of the Welsh TAG for COVID-19

2021 Appointed Fellow of the Morgan Advanced Studies Research Institute (MASI) at Swansea University

2020 Section Editor, Stress & Health

Research Grants & Contracts

Wales COVID-19 Evidence Centre (Heath Care Research Wales:HCRW), Dates of project May 2022 through Feb 2024. *“COVID-19 and common respiratory tract infection-related health behaviours: Development of community-based approaches to reducing the burden of RTIs in Wales.”* Awarded to Dr Kimberly Dienes (Co-PI), Dr Simon Williams (Co-PI), (Swansea University) and Dr Rhiannon Philips (Co-I), Dr. Mike Beeton (Co-A) and Dr James Blacksland (Co-A) (Cardiff Metropolitan University) (£78,986.29)

Wales COVID-19 Evidence Centre (HCRW), Dates of the Project March 2022 through June 2023. *“Public Views During the COVID-19 Pandemic”* Awarded to Dr Kimberly Dienes (Co-PI) and Dr Simon Williams (Co-PI) (£54,125.39)

Swansea University, hefcw RWIF Collaboration Booster, Dates of project January 2022-July 2022, *“Public attitudes and behaviours to inform current and future measures to reduce the spread of COVID-19.”* Awarded January 2022 to Dr Kimberly Dienes and Dr Simon Williams, £4030.

Down to Earth, Dates of Project May 2021-June 2023 *“Fit for the Future: Green Hospital Infrastructure and Outdoor Healthcare”* Awarded May 2021 to Prof Jason Davies (Co-PI) and Dr Kimberly Dienes (Co-PI), £50,000.

Public Health Wales, Dates of project March 2021-March 2022 *“Public perceptions of Test Trace Protect Wales Understanding and improving self-isolation adherence”* Awarded March 13, 2021 to Dr Kimberly Dienes (Co-PI) and Dr Simon Williams (Co-PI). £18,000

MRC DTP Studentship, Awarded, Start date September 16, 2019**.** *“Interaction between interpersonal factors and stress reactivity in chronic fatigue syndrome”* with Alison Wearden. September 2019-June 2023

Selected Publications

1. Effectiveness of Communications in Enhancing Adherence to Public Health Behavioural Interventions: A Rapid Evidence Review of COVID-19 in the UK- 2023 Invited evidence reviews for the Royal Society’s Non-Pharmaceutical Intervention (NPI) research programme.
2. Williams SN, Armitage CJ, Dienes K, Drury J, Tampe T (2023) Public decisions about COVID-19 vaccines: A UK-based qualitative study. PLoS ONE 18(3): e0277360. <https://doi.org/10.1371/journal.pone.0277360>
3. Gartland, N., Aljofi, H. E., **Dienes, K**., Munford, L. A., Theakston, A. L., & van Tongeren, M. (2022). The Effects of Traffic Air Pollution in and around Schools on Executive Function and Academic Performance in Children: A Rapid Review. *International Journal of Environmental Research and Public Health*, *19*(2). https://doi.org/10.3390/ijerph19020749
4. Williams, S. N., Armitage, C. J., Tampe, T., & **Dienes, K. A**. (2021). Public perceptions of non-adherence to pandemic protection measures by self and others: A study of COVID-19 in the United Kingdom. *PLOS ONE*, *16*(10), e0258781. https://doi.org/10.1371/JOURNAL.PONE.0258781
5. Williams, S. N., Armitage, C. J., Tampe, T., & **Dienes, K.** (2021). Public attitudes towards COVID-19 contact tracing apps: A UK-based focus group study*. Health Expectations*, July, 1–9. <https://doi.org/10.1111/hex.13179>
6. Williams, S. N., Armitage, C. J., Tampe, T., & **Dienes, K.** (2020). Public perceptions and experiences of social distancing and social isolation during the COVID-19 pandemic: A UK-based focus group study. *BMJ Open*.  20;10(7). doi: 10.1136/bmjopen-2020-039334
7. **Dienes, K.A**., Gartland, N., & Ferguson, E. (2019) The relationship between the cortisol awakening response and cortisol reactivity to a laboratory stressor. *British Journal of Health Psychology*. doi:10.1111/bjhp.12352.
8. Starr, L.R., **Dienes, K.,** Li, Y.I, & Shaw, Z.A. (2019). Chronic stress exposure, diurnal cortisol slope, and implications for mood and fatigue: Moderation by multilocus HPA-Axis genetic variation. *Psychoneuroendocrinology*, 100, 156-163. [doi.org/10.1016/j.psyneuen.2018.10.003](https://doi.org/10.1016/j.psyneuen.2018.10.003)
9. Starr, L.R., **Dienes, K.A.,** Stroud, C.B., Shaw, Z.A., Li, Y.I., Mlawer, F. & Huang, M. (2017). Childhood adversity moderates the influence of proximal episodic stress on the cortisol awakening response and depressive symptoms in adolescents. *Development and Psychopathology,* 29(5), 1877-1893. [doi.org/10.1017/S0954579417001468](https://doi.org/10.1017/S0954579417001468)
10. Williams, S.N. & **Dienes, K.A**. (2014) Sunscreen sales, disposable income and melanoma rates in Europe: Population-based ecological study. *SAGE Open,* October-December 1-6.doi: 10.1177/2158244014559023. .
11. **Dienes, K.A**., Hazel, N.A., & Hammen, C.L. (2013) Cortisol secretion in depressed and at-risk adults*.* *Psychoneuroendocrinology*, 38(6), 927-940. doi:10.1016/j.psyneuen.2012.09.019.